



Technical Guide

Issued March 2015

Message from the President of the TTCF/Chairman of the Organizing Committee



On behalf of the Trinidad & Tobago Cycling Federation, our members and our nation's cycling fans, I am pleased to welcome the athletes, coaches, support staff and spectators to the TTCF's Easter International Grand Prix 2015.

To all of our anxious competitors and excited spectators, the TTCF is extremely proud to announce that the EGP 2015 is Trinidad & Tobago's inaugural UCI sanctioned Track event. This will be a tremendous opportunity to assess many of the functional aspects of hosting an International Track meet as well as providing an avenue for our local cyclists to gain highly coveted UCI points, with you, their best fans present to cheer them on.

EGP 2015 presents itself as a precursor to the opening of Caribbean's only indoor track in Couva Trinidad. As the Trinidad & Tobago Cycling Fraternity waits with baited breath, in eager anticipation of a venue so longed for, the National Cycling Centre in Balmain, Couva promises to be an opportunity for all to witness the incredible effort and dedication of the world's top cyclists at a venue that will bring the action as close to you as possible without you leaving your seat. Exciting times are definitely ahead!

To all the volunteers, sponsors, members of the organizing committee and the Union Cicliste Internationale, I wish to convey my sincerest thanks for your involvement and support, without which the EGP 2015 would not be possible.

And finally, and most importantly, to the athletes: we salute your determination and dedication. Race hard, ride safe and I look forward to you all competing at the best of your abilities and proudly representing your clubs, your teams and your nations.

Best wishes for a successful event and congratulations to all who have made this possible.

- Robert Farrier | TTCF President

About the Easter International Cycling Grand Prix

The Easter International Grand Prix is considered to be the Olympic Games for both T&T and Caribbean cyclists as it is certainly the premiere track cycling event in the region. Trinidad & Tobago is quickly creating a reputation and building an exciting repertoire in the cycling world with the Easter International Grand Prix being synonymous with this.

The exciting three day affair which takes place at the Arima Velodrome (3rd and 4th April) and Skinner's Park, San Fernando (5th April) features cyclists from as young as 5 years old to those over the age of 70.

This year, the Trinidad & Tobago Cycling Federation gained UCI sanction for this event making it even more attractive to foreign cyclists. The events of the Elite Men Sprint & Keirin, Elite Women Sprint & Keirin and Elite Men & Junior Men Scratch events are registered as UCI Class III events and thus cyclists will be gaining valuable UCI points towards their World Cup and Olympic qualification.

About the Venues

The Arima Velodrome is a mainstay for track cyclists throughout the Caribbean. This 460m concrete track with 20 degree banks has been the home for several great local cyclists. In years gone by it has also hosted heated battles with the likes of Frederico Paris, Daniel Morelon, Robert Forstemann, 2015 World Sprint Silver medalist Dennis Dmitriev and current World Sprint Champion Gregory Bauge.

Skinner Park is the mecca of cycling in South Trinidad with his odd shape size, 400m, asphalt surface; it too has been the home and breeding grounds for several of our top local and international cyclists. Names such as Ian Atherly, Compton Gonzales, Leslie King and Roger Gibbon just to name a few have all had their spotlight on these sacred grounds.

Cyclist Eligibility

Cyclist wishing to participate in the Easter International Grand Prix must satisfy the following requirements

- Must possess a valid 2015 Union Cycliste Internationale (UCI) Licence.
- Must possess a letter of authorization from their National Federation stating that they are authorized to compete at the Easter International Grand Prix, April 3-5 2015
- Cyclists wishing to compete in the UCI Elite events must be born in or before 1997
- Cyclists wishing to compete in the UCI Junior event must be born in the years 1997 or 1998

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UCI Points

The Easter International Grand Prix is a Class 3 registered event and thus points will be awarded as follows in the Elite Men Sprint & Keirin, Elite Women Sprint & Keirin and Junior Men Scratch Race.

Finishing Position	Individual Points
1 st	30
2 nd	27
3 rd	24
4 th	22
5 th	20
6 th	18
7 th – 24 th	3
25 th +	1

Cyclist Registration

Cyclists' registration can be performed by completing the Registration Form on the following link: <u>http://goo.gl/xLDe57</u>. Any queries can be directed to the Racing Secretary, Mr. Gary Acosta: <u>glacosta1987@hotmail.com</u>

Online registration must be submitted by Monday 23rd March 2015 @ 11:00pm. Any forms submitted after this date will incur a late fee of US\$15/TT\$150 per cyclist. No registration will be accepted after Tuesday 31st March 2015 @ 11:00pm except for previously unregistered or unattached cyclists.

Event	Registration Fee
Youth Developers	US\$9/TT\$50
All Categories except Youth Developers	US\$25/TT\$150
UCI Events	US\$15/TT\$100 per event
Late Registration	US\$25/TT\$150 per cyclist

Meetings/Licence Control

All Managers of local clubs will be expected to appear at the Technical Meeting for Local Clubs on Wednesday 1^{st} April from 7:00pm – 8:00pm at the Hasely Crawford Stadium, VIP Lounge. Teams and Clubs will be issued with Accreditation Packages at this meeting. Please note that cyclists and/or officials will not be allowed entry without their accreditation passes.

Licence Control for the UCI Class III events (Sprint, Keirin & Scratch Events) will take place on Thursday 2^{nd} April from 6:15pm – 7:00pm at the Regent Star Hotel Conference Room. Following which the Technical Meeting for these events will be held from 7:15pm – 8:00pm at the same venue.

The start list will not be altered after the confirmation of starters is finalized at the Technical Meeting on Thursday 2nd April.

Commissaires' Panel

The Members of the Commissaires' Panel for the Easter International Grand Prix are as follows:

Position	Name	Country
President of the Commissaires' Panel	Mr. Randy Shafer	USA
Judge Referee	Mr. Ronald Peters	T&T
Starter	Mr. David Francis	T&T
Finish Line Commissaire	Mr. Gregory D'Andrade	T&T
Time Keeper Commissaire	Mr. Christian Grant	T&T
Photo Finish Commissaire	Mr. Frank Gittens	T&T
Member of the Commissaires' Panel	Mrs. Rowena Williams	T&T
Member of the Commissaires' Panel	Mr. Kirt Cunningham	T&T

Official event Timing for the UCI events will be performed by Sylvain Richard (CAN) of RSS Timing Services: <u>www.rsstiming.com</u>

Accreditation

Clubs/Teams will be allowed accreditation for officials based on their total team entries as seen below:

- Teams with 1-3 cyclists 1 Official
- Teams with 4-5 cyclists 2 Officials
- Teams with 6-10 cyclists 3 Officials
- Teams with 11+ cyclists 5 Officials
- Teams with 3+ Youth Developers will be allowed 1 more Official

Keirin Heats

Depending on the number of entries received for the Elite Men Keirin and/or Elite Women Keirin Heats and/or Repechage Rounds will be held at 1:00pm on Saturday 4th April 2015 at the Arima Velodrome where the top 12 will be selected to advance to the 2nd Round on Saturday evening.

Warm-Up Times

Due to the number of cyclists expected to register and to ensure the safety of all cyclists, the following will be the allotted warm-up times for the respective categories. Only these categories will be allowed on the track during these times. Accreditation for cyclists disobeying these instructions will be revoked without refund of registration fees.

	Category	Warm-Up Time
1	Youth Developers (M+F), Masters 60-69, Masters 70+, Tinymites (M+F), Elite 4	3:15pm – 4:00pm
2	Juveniles (M+ F), Juniors (M+F), Masters 40-49, Masters 50-59, Elite 1, 2, 3, Elite Women	4:00pm – 4:50pm

Holding Bay (Ready Area) and Gear Checks

Cyclists will not be allowed to compete if they did not report to the holding bay (ready area) before their event is called to the line.

Youth Developers, Tinymites & Juvenile cyclists are required to have their gears checked and verified within the respective restrictive sizes per category as indicated in the table below. Gears will be checked at the designated area before each of the respective events.

TRACK GEAR RESTRICTIONS			
#	Category	Gear Rollout (metres)	Equivalent Gear
1	Youth Development – Under 7	4.37	55
2	Youth Development – Under 9	4.68	59
3	Youth Development – Under 11	5.01	63
4	Youth Development – Under 13	5.24	66
5	Tinymites (Under 15)	6.48	81
6	Juveniles (Under 17)	6.88	86

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Bib Numbers

All Managers are required to inform their cyclists of the proper placement of their Racing Bib numbers as indicated in the image below. Any cyclist not adhering to this will not be allowed to ride. Two bib numbers, one on either side as indicated below will be required for ALL events at the EIGP 2015



Racing Program

Friday April 3, 2015 Venue: Arima Velodrome | Start Time: 5:00pm

Event No	Laps / Distance	Class / Category
1.	Flying 200m	Elite Women * (Top 8 advance to Quarter-Finals)
2.	Flying 200m	Elite Men* (Top 8 advance to Quarter-Finals)
3.	250m	Youth Development – Boys & Girls (U7 & U9)
4.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
5.	2 Laps	Tinymites
6.	2 Laps	Tinymite & Juvenile Ladies
7.	Elimination	Elite 1
8.	2 Laps	Elite 2
9.	2 Laps	Elite 3
10.	2 Laps	Elite 4
11.	7 Laps	International Men
12.	4 Laps	Junior, Elite & International Ladies
13.	4 Laps	Juveniles
14.	4 Laps	Junior Men
15.	2 Laps	Masters 70+
16.	2 Laps	Masters 60-69
17.	2 Laps	Masters 50-59
18.	2 Laps	Masters 40-49
19.	Sprint	Elite Women – Quarter-Finals (one ride)*
20.	Sprint	Elite Men – Quarter-Finals (one ride)*
		INTERMISSION – 10 Minutes
21.	250m	Youth Development – Boys & Girls (U7 & U9)
22.	1 Lap	Youth Development – Boys & Girls(U11 & U13)
23.	Sprint	Elite Women – Semi-Final Ride 1*
24.	Sprint	Elite Men – Semi-Final Ride 1*
25.	Sprint	Elite Women 5-8 Finals*
26.	Sprint	Elite Women – Semi-Final Ride 2*
27.	Sprint	Elite Men – Semi-Final Ride 2*
28.	Sprint	Elite Men 5-8 Finals*
29.	Sprint	Elite Women – Semi-Final Ride 3 (if necessary)*
30.	Sprint	Elite Men – Semi-Final Ride 3 (if necessary) *
31.	3 Laps	Tinymites
32.	500m	Tinymite & Juvenile Ladies
33.	3 Laps	Elite 4
34.	2 Laps	Juveniles
35.	Elimination	Junior, Elite & International Ladies
36.	10 Laps	International Men
37.	Elimination	Elite 2
38.	Sprint	Elite Women – Finals Ride 1*
39.	Sprint	Elite Men – Finals Ride 1*
40.	4 Laps	Elite 3
41.	2 Laps	Elite 1

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42.	Sprint	Elite Women – Finals Ride 2*
43.	Sprint	Elite Men – Finals Ride 2*
44.	2 Laps	Junior Men
45.	1 Lap	Masters 70+
46.	Sprint	Elite Women – Finals Ride 3 (if necessary)*
47.	Sprint	Elite Men – Finals Ride 3 (if necessary)*
48.	3 Laps	Masters 60-69
49.	3 Laps	Masters 50-59
50.	3 Laps	Masters 40-49
51.	6 Laps	Junior, Elite & International Ladies
52.	Scratch	Elite Men (33 Laps)*
ICI Class 2 Event		

*UCI Class 3 Event

Saturday April 4, 2015 Venue: Arima Velodrome, Arima | Start Time: 5:00pm

Event No	Laps / Distance	Class / Category
53.	Keirin Heats/Repechage	Elite Women (if necessary @ 1:00pm)*
54.		Elite Men (if necessary @ 1:00pm)*
55.	8 Laps	International Men
56.	2 Laps	Junior, Elite & International Ladies
57.	250m	Youth Development – Boys & Girls (U7 & U9)
58.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
59.	3 Laps	Tinymites
60.	4 Laps	Tinymites & Juvenile Ladies
61.	2 Laps	Elite 1
62.	2 Laps	Elite 2
63.	Elimination	Elite 3
64.	Elimination	Elite 4
65.	Keirin	Elite Women – 2 nd Round*
66.	Keirin	Elite Men – 2 nd Round*
67.	Unknown	Masters 70+
68.	Unknown	Masters 60-69
69.	Unknown	Masters 50-59
70.	4 Laps	Masters 40-49
71.	Unknown	Junior Men
72.	4 Laps	Juveniles
73.	Unknown	Junior, Elite & International Ladies
74.	Unknown	International Men
	//	ITERMISSION – 10 Minutes
75.	Keirin	(7-12 & 1-6 Finals)Finals – Elite Women*
76.	Keirin	(7-12 & 1-6 Finals) Finals – Elite Men*
77.	250m	Youth Development – Boys & Girls (U7 & U9)
78.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
79.	Elimination	Junior Men
80.	Elimination	Juveniles
81.	8 Laps	Elite 1
82.	7 Laps	Elite 2
83.	Elimination	International Men
84.	Elimination	Junior, Elite & International Ladies
85.	3 Laps	Elite 3
86.	2 Laps	Elite 4
87.	2 Laps	Masters 70+
88.	3 Laps	Masters 60-69
89.	3 Laps	Masters 50-59
90.	Unknown	Masters 40-49
91.	Scratch	Junior Men (22 Laps)*
92.	4 Laps	Tinymites
93.	4 Laps	Tinymite & Juvenile Ladies
94.	8 Laps	Junior, Elite & International Ladies
95.	Scratch	Elite Men (33 Laps)*
UCI Class 3 Ev	/ent	

* UCI Class 3 Event

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Sunday April 5, 2015 Venue: Skinner Park, San Fernando | Start Time: 5:00pm

Event No	Laps / Distance	Class / Category
96.	7 Laps	International Men
97.	500m	Junior, Elite & International Ladies
		(Top 6 from Flying 200m)
98.	200m	Youth Development – Boys & Girls (U7 & U9)
99.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
100.	4 Laps	Tinymites
101.	Elimination	Tinymite & Juvenile Ladies
102.	Elimination	Elite 1
103.	Elimination	Elite 2
104.	4 Laps	Elite 3
105.	Elimination	International Men
106.	Elimination	Junior, Elite & International Ladies
107.	3 Laps	Elite 4
108.	3 Laps	Masters 70+
109.	3 Laps	Masters 60-69
110.	4 Laps	Masters 50-59
111.	4 Laps	Masters 40-49
112.	3 Laps	Junior Men
113.	Elimination	Juveniles
114.	4 Laps	Junior, Elite & International Ladies
115.	4 Laps	International Men
		INTERMISSION – 10 Minutes
116.	200m	Youth Development – Boys & Girls (U7 & U9)
117.	1 Lap	Youth Development – Boys & Girls (U11 & U13)
118.	8 Laps	International Men
119.	2 Laps	Junior, Elite & International Ladies
120.	2 Laps	Elite 1
121.	2 Laps	Elite 2
122.	Elimination	Elite 3
123.	Elimination	Elite 4
124.	Elimination	Junior Men
125.	2 Laps	Tinymites
126.	2 Laps	Tinymites & Juvenile Ladies
127.	4 Laps	International Men
128.	2 Laps	Juveniles
129.	2 Laps	Masters 70+
130.	2 Laps	Masters 60-69
131.	2 Laps	Masters 50-59
132.	6 Laps	Masters 40-49
133.	10 Laps	Junior, Elite & International Ladies
134.	40 Laps	International & Invitational